

# A small act, great protection



#AnActForEveryone

## Why does **VACCINATION** against influenza make a difference for you and your loved ones?



It reduces virus transmission<sup>3</sup>



It protects vulnerable groups<sup>3</sup>



It protects your loved ones from chronic diseases<sup>2</sup>



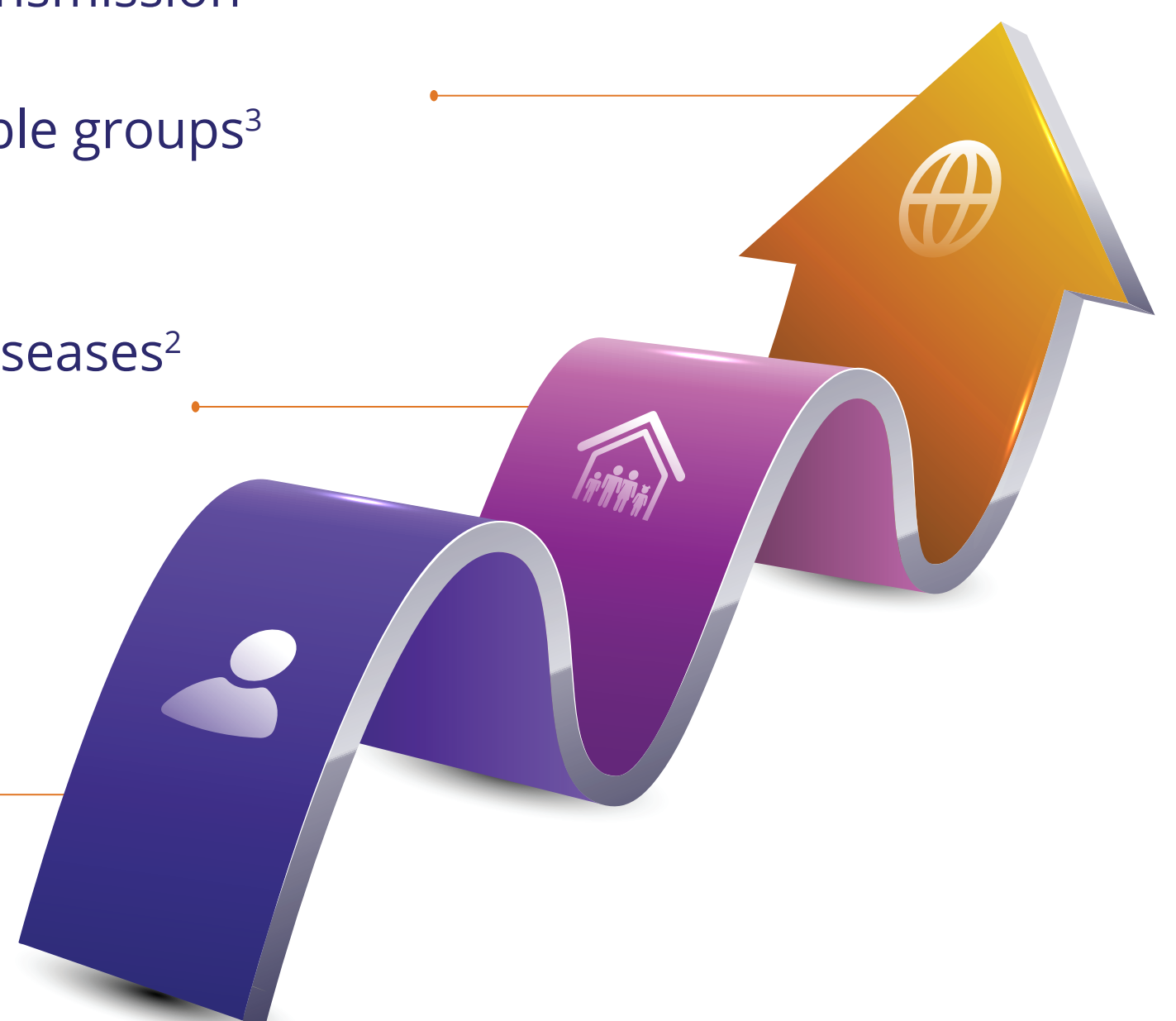
It protects pregnant women and infants<sup>2</sup>



You don't have to give up your commitments and passions



It improves the quality of your life<sup>1</sup>



### References:

1. Yoshino Y, Wakabayashi Y, Kitazawa T. The Clinical Effect of Seasonal Flu Vaccination on Health-Related Quality of Life. Int J Gen Med. 2021;14:2095-2099. Published 2021 May 27.
2. Benefits of the flu vaccine. Flu Vaccines Work. Published August 14, 2024.
3. Orenstein A.W. Influenza vaccination: Protecting yourself by protecting your community. NFID. 2018.

For more information visit the website of the **MINISTRY OF HEALTH, VACCINES** and **INFLUENZA** sections, and contact your **DOCTOR** or **PHARMACIST**



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